Healthcare Online

Announcing 24/7 access to Healthcare Online



With Akira, you'll have 24/7 secure access to Canadian healthcare professionals – all right from your mobile device or computer and within minutes – whenever you need them, in French or English.

Manulife

We've got great news for our benefits plan members and their eligible family members. Manulife is bringing you a new way of accessing top-quality health care with Akira through Healthcare Online.

With Akira, you'll have 24/7 secure access to Canadian healthcare professionals – all right from your mobile device or computer and within minutes – whenever you need them, in French or English.

You and your eligible family members can use Healthcare Online for many of the same things that you would usually go to your primary care doctor for, including:

- Cold and flu
- Depression and anxiety
- Skin and eye issues
- Sexual health

Akira's clinicians can provide:

- Diagnoses
- Advice
- Prescriptions (new and renewals)
- Lab and imaging orders
- Specialist referrals

Akira and Healthcare Online are meant to be an addition to your regular healthcare team, not a replacement. With your consent, medical notes from your virtual consults can even be shared with your family doctor. Of course, your medical information will never be shared with your employer or with Manulife.

Now you don't need to wait for an appointment with your doctor or spend time traveling to and from physical appointments. The service is free to use as part of your current plan coverage. Get started today!

Visit <u>Manulifehealthcareonline.com/pc/ehc/sp</u> to register or for more information.

THE MANUFACTURERS LIFE INSURANCE COMPANY (MANULIFE)

All personal health data will be stored securely in Canada to ensure privacy and security. Please note that Healthcare Online is not a domestic or international travel medical service. Please note that Akira is not meant for medical emergencies. In case of emergencies, please call 911. Group Benefit products and services are offered by The Manufacturers Life Insurance Company (Manulife). Manulife and Stylized M Design are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license.© 2018 The Manufacturers Life Insurance Company. All rights reserved. Manulife, PO Box 2580, STN B Montreal QC H3B 5C6.